## **GEORGIA STATE BOARD OF WORKERS' COMPENSATION**

www.sbwc.georgia.gov



# **BEST PRACTICES**

## EARLY RETURN-TO-WORK PROGRAM

July 2013

## Why Do I Need A Restricted Duty Job Program?

### **Best Practices**

- 1. Return injured employees to meaningful employment.
- 2. Utilize employees' work skills during their period of partial disability.
- 3. Maintain a good employee attitude by providing meaningful employment.
- 4. Maintain communication with employees.

### Benefits

- 1. Helps the injured employee maintain income levels.
- 2. Eliminates employees' fears concerning future employment.
- 3. Controls workers' compensation costs.
- 4. Reduces need for attorneys in the workers' compensation case.
- 5. Reduces employees' complacency caused by sitting at home.
- 6. Providing meaningful transitional-duty employment should help reduce workers' compensation fraud.
- 7. Employees return to work sooner.

## How Do I Develop A Transitional-Duty Job?

## **Best Practices**

- 1. Identify jobs with physical demands consistent with restrictions placed on the injured employee by the physician.
- 2. Evaluate the essential functions of all jobs so you can identify portions of a job which would be within the physical restrictions of your injured employee.
- 3. Develop a written job description of the transitional-duty job.
- 4. Involve all the participants, (i.e. employees, supervisors, managers, physicians, company nurses, etc.), to develop an appropriate job.
- 5. Make sure the job is meaningful and productive.
- 6. Avoid isolation from other employees.
- 7. Be flexible regarding work and time limitations imposed by physicians. Some employees may be restricted to reduced hours.
- 8. Maintain consistent, continual employment.
- 9. Be sure the job is developed prior to the time you need it.
- 10. Be flexible about department and shift.
- 11. Be sure appropriate transitional duty is available when needed.
- 12. Establish an appropriate pay for a transitional-duty job. Temporary partial disability benefits will compensate for reduced earnings during the transitional duty.
- 13. Be creative in developing transitional-duty jobs.
- 14. Review the <u>Early Return-To-Work Program</u> available on the Board's website, <u>www.sbwc.georgia.gov</u>.

### Benefits

- 1. Job description will be available when the need arises.
- 2. Employee returns to work sooner.
- 3. Doctors, employees and management will have a better understanding of the job requirements.
- 4. Employees will accept the job more readily once it is clearly defined.
- 5. Assures your consistency in return-to-work programs.
- 6. Will help credibility with doctors, lawyers and judges in workers' compensation cases.
- 7. Employees return to full-duty work sooner.

## How Do I Implement A Transitional-Duty Program?

### **Best Practices**

- 1. Obtain physician's permission based on job description.
- 2. Communicate with all participants, (i.e., employees, supervisors, managers, nurses, physicians, etc.), to assure a safe and successful return to an appropriate transitional-duty job as approved by the physician.
- Complete form WC-240, Notice to Employee of Offer of Suitable Employment, and send completed form to the employee and his/her attorney, if they are represented. Send a copy to the Board.
- 4. Be flexible in matching the job to the injured employee.
- 5. Make sure the job is available.
- 6. Inform the supervisor when the injured employee is returning to work.
- 7. Provide necessary medical and nursing assistance during the transitional-duty time.
- 8. Educate the supervisor concerning the importance of the transitional-duty job. Also make sure the supervisor and employee understand and follow the physician restrictions.
- 9. Make sure the physicians know and understand the essential functions of the job (on-site evaluations, video presentations, written job analysis, etc.).
- 10. Provide an appropriate work area.
- 11. Notify your insurance company, agent, third-party administrator or claims office when the employee returns to transitional duty.

#### Benefits

- 1. Safer return to transitional-duty work.
- 2. Employees return to work sooner.
- 3. Better understanding by all parties involved.
- 4. More successful conclusion to the claim.
- 5. Provides a closer, more personal relationship with health care providers.
- 6. Helps to maintain your credibility with the physician when the physician knows that you will provide appropriate work.
- 7. More cost effective than letting the employee sit at home.
- 8. Should help reduce litigation.

July 2013